

RESUSCITATION ACADEMY

Singapore

**PUTTING
IT ALL
TOGETHER**



7 MANTRAS OF R.A. “ WORDS OF WISDOM ”

- 1) Measure, Improve, Measure Improve Repeat.... Xxx**
- 2) If you’ve seen one EMS system, you’ve seen one EMS system**
- 3) It’s not complicated, but it’s not easy**
- 4) Change occurs step by step**
- 5) Performance, not Protocol**
- 6) Everyone in VF survives**
- 7) It takes a System to save a Victim**

Progressive Steps

Progressive Steps + Cultural Change



10 STEPS TO IMPROVING CARDIAC ARREST SURVIVAL



- 1 - Establish a Cardiac Registry**
- 2 - Implement Dispatcher-Assisted CPR**
- 3 - Implement High-Performance CPR**
- 4 - Implement Rapid Dispatch**
- 5 - Voice Record all Attempted Resuscitations**
- 6 - Begin a Program in Police Defibrillation**
- 7 - Establish a Public Access Defibrillation Program**
- 8 - Supplement Funding and Support for Training and QI**
- 9 - Institute Hypothermia in All Receiving Hospitals**
- 10 - Work Toward a Culture of Excellence**

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BIG THANK YOU ! ! !

ORGANIZING COMMITTEE

- **Mr Teng Chiun How**
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- **LTA Amelia Lim**
- **Ms Megan Wong**
- **Mr Enoch Chan**
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**ALL
OF YOU
FOR
COMING !!**

RA FACULTY

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- **Mr Norm Nedell**
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