



# Resuscitation Academy (RA) 10-Step Implementations in the PAROS Group

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# Resuscitation Academy Model to Improve Community Survival Rates



10 Programs & 10 Actions to operationalize scientific understanding

## **PROGRAMS**

Cardiac arrest registry  
Telephone CPR  
High Performance EMS CPR  
Rapid Dispatch  
Measurement of professional rescuer resuscitation  
AED program for first responders  
Smart technologies for CPR & AED  
Mandatory CPR-AED Training  
Hospital care  
Culture of Excellence

**Improve  
Cardiac Arrest  
Survival**

## **ACTIONS**

Form a team  
Select program(s)  
Plan an implementation strategy  
Set specific goals  
Achieve buy-in  
Establish standards  
Pilot the program  
Consult experts  
Communicate progress  
Support, advocate, and celebrate



## **Project Title:**

Resuscitation Academy (RA) 10-Step Implementations in the Pan-Asian Resuscitation Outcomes Study (PAROS) group

## **Hypothesis:**

We hypothesize that the implementation of RA's 10-step recommendations for OHCA will increase survival rate in PAROS participating countries.

## **Grant period:**

Laerdal Grant start - Jun 2016

Laerdal Grant end - Jun 2019

Request for grant extension



## 8 Countries awarded the grant to implement their choice of RA 10-steps over a period of 2yrs

-- Total of 4 disbursement half yearly upon satisfactory progress report

Recipient of funding	Disbursement status
China - Zhejiang Provincial People's Hospital	3 <sup>rd</sup> disbursement Dec 2018; progress report due Jun 2019
India - GVK Emergency Management and Research Institute	3 <sup>rd</sup> disbursement Dec 2018; progress report due Jun 2019
Vietnam - Bach Mai Hospital	2 <sup>nd</sup> disbursement July 2018; progress report due
Malaysia - College of Emergency Physicians, Academy of Medicine of Malaysia	In progress 3 <sup>rd</sup> disbursement
Pakistan - Aga Khan Hospital	In progress 3 <sup>rd</sup> disbursement
Philippines - Southern Philippines Medical Center	3 <sup>rd</sup> disbursement Dec 2018; progress report due Jun 2019
Indonesia - Faculty of Medicine, Universitas Brawijaya	Grant awarded in 2018, MOU signing
Thailand - Narenthorn EMS Center, Rajavithi Hospital	Grant awarded in 2018, In progress 1 <sup>st</sup> disbursement

# China status

- May 2017 – Sep 2018



RA Steps	Progress
Step 1	Total of 1502 OHCA calls and 1249 cases witnessed contributed by 22 hospitals
Step 2	2 DA-CPR workshop conducted and 45 dispatchers trained Review and feedback done 1-2monthly by directors of the dispatch centre
Step 3	100 EMT trained in HP-CPR Review & evaluation system in setup phase
Step 4	Previous dispatch time: 13.6min Current dispatch time: data collection phase
Step 7	Smartphone application implemented in some cities of Zhejiang province. Take up rate is low 30-40 downloads Around 20 cases where bystander are being activated by the App
Step 8	8 CPR & AED training conducted in schools and communities
Step 10	established a protocol for all EMTs and paramedics in Zhejiang Province about on-going education and training

# India status

- May 2017 – Sep 2018



RA Steps	Progress
<b>Step 1</b>	Total of 784 OHCA calls and 57 cases witnessed contributed by Telangana
<b>Step 2</b>	18 trainers from the GVK EMRI faculties have been trained 60 dispatchers trained and regular refresher course conducted in small group of 5 CPR instructions translated to local language Video made to educate the public on DA-CPR Review of calls received twice a week
<b>Step 4</b>	Previous dispatch time 120 sec Current dispatch time 90 sec
<b>Step 6</b>	Total of 476 first responder, volunteers and staffs across 7 different organisation been trained in CPR & AED
<b>Step 7</b>	108 application launch in Gujarat, GVK EMRI (no data collected yet) Other smart technology in development <ol style="list-style-type: none"><li>1. Call ambulance application</li><li>2. Drone system to get an AED</li></ol>
<b>Step 8</b>	Proposal to the state government to implement CPR training as part of the curriculum at 8 <sup>th</sup> standard and above level
<b>Step 10</b>	Standard protocols and training for EMTs and Paramedics; Dedicated ERC Physician will monitor the OHCA; Dedicated T CPR Desk; Evidence-based practice; Refresher Training with low dose high frequency; Celebrate the success – life savior awards

# Malaysia status

- Jun 2017 – Jun 2018



RA Steps	Progress
Step 1	Total number of 367 OHCA calls and 208 cases witnessed contributed by 5 active sites
Step 2	3 DA-CPR workshop conducted and 60 dispatchers trained Monthly feedback and review system on the calls in placed
Step 3	8 high performance CPR training conducted and 260 EMT trained Distribution of defibrillator with capture capability is ongoing
Step 4	Previous dispatch time: within 3mins for 90% Current dispatch time: within 2mins for 80% Improvement plan is in discussion at national level
Step 6	Total of 300 first responder trained in 5 CPR & AED training sessions
Step 7	Pilot project in the Penang Island 26 cases activated by the Smart technologies over the reporting period
Step 8	A state initiative in Penang, district approach in Perak and approaching into Selangor Total of 8000 students trained



# Pakistan status

- Nov 2017 – Nov 2018

RA Steps	Progress
Step 1	Total number of 422 OHCA calls contributed by 4 Hospital and 1 EMS centre
Step 2	Implementing phase
Step 3	Training materials developed and translated to local language 13 master trainers trained 3 sessions conducted with 62 EMT trained
Step 7	Collaborating with the GoodSam app 544 GoodSam users have been trained in CPR

# Philippines status

- July 2017 – Sep 2018



RA Steps	Progress
Step 1	Total number of 70 OHCA calls contributed by 1 site
Step 2	2 DA-CPR workshop conducted and 110 dispatchers trained Monthly review system on the calls in placed Video made to educate the public on DA-CPR
Step 3	3 high performance CPR training conducted and 132 EMT trained
Step 4	Previous dispatch time: 5mins 44secs Current dispatch time at 4mins 18secs
Step 6	Total of 1000 first responder trained in 49 CPR & AED training sessions
Step 7	In discussion with private developer for smart technology application involving locating first responder and AED
Step 8	National law to conduct CPR & AED trainings in school Nationwide Mass Training on CPR was held last July 16, 2018; teachers and students from Grades 4,5 and 6 of the Davao City Special Education School were trained
Step 10	Implemented that ROSC rates and CPR review are reported in our monthly audits



# Vietnam status

- Jun 2017 – Dec 2018

RA Steps	Progress
Step 1	Total number of 140 OHCA calls and 93 cases witnessed contributed by 10 sites
Step 2	In planning phase

Note: Changes in the higher management and re-organization of staffs , thus progression has been delayed

# Indonesia status



- Grant awarded in 2018; MOU signing phase

RA Steps	Proposal
Others	<ul style="list-style-type: none"><li>• To establish a Paramedicine Program for the nurses in Malang, East Java, Indonesia.</li><li>• The program will train the nurses on prehospital care and the RA's 10-step recommendations to improve OHCA survival will be part of the course.</li><li>• Brawijaya University will be working with the Singapore General Hospital and the Unit for Prehospital Emergency Care (UPEC) of Singapore to develop the program.</li></ul>

# Thailand status

- Grant awarded in 2018; Pending 1<sup>st</sup> disbursement

Country	Choice of RA 10-Steps Implementation									
	1	2	3	4	5	6	7	8	9	10
Thailand	√	√		√						



**Thank You**